

苦(廣東)

生不明覺，人性的軟弱

老不思過，千差萬錯

生不明覺，人性的墮落

老不思過，貪愛執著

一日一日的虛過

生与病都無奈何

一日一日的虛過

老与死都無奈何

不守約，不施博; 生時不明覺

不修善，不斷惡; 人間苦劫多

Bitter

To live without realization, failings of the human nature

To be old without introspection, ten thousand mistakes and wrongs

To live without realization, degeneration of the human nature

To be old without introspection, avarices and obstinacy

Day after day wasted away, birth and sickness cannot be defeated

Day by day wasted away, old age and death cannot be surmounted

Withholding promises, without charity and love, life and death without attaining realization

Devoid of virtuous deeds, no easing of sinful doings, mankind shall be full of grief and suffering