

混沌中找真我

勞勞燥燥,生活上有所著落

混混噩噩,精神上無所寄托

不是生死的了脫

祇是屬世的生活

解除心中的疑惑

意識內心的歡樂

人生最難得,最難得

人心參得破,參得破

在物質的誘惑中成就妙果

在黑暗的混沌中找到真我

In Chaos, Seek the True Self

Busy toiling, livelihood begets achievement

Blurred and confused, the spirits have no sustenance

This is not a deliverance of life and death

This is only a life of the material world

If you undo the uncertainties in your heart

You shall feel happiness emanating from within

Being a human being is hard to come by, is hard to come by

The human heart should perceive thoroughly, perceive thoroughly

Amidst materialistic temptations, attain excellent fruit

In the darkness of chaos, seek your true self